

Trading journal

Fill in before every trade, not after. Otherwise memory adapts to fit the outcome.

Version 2.0 (fillable)

Date	Asset	Direction	Entry	Stop	Target	Shares	Risk
------	-------	-----------	-------	------	--------	--------	------

For every trade, also note

Reason for entry (two sentences)

How I'd recognize I'm wrong

Result and whether I followed my own rule

Cleared for classroom use: reproduction and distribution to students for teaching purposes is expressly permitted. No commercial use. (c) zerotoinvest.com

Quelle / Source: zerotoinvest.com/en/vorlagen